

# Address Uncovered Long-Term Care Costs

Dealing with uncovered medical or long-term care costs is one of the biggest difficulties one faces when aging. This issue is particularly threatening if your estate is valued under \$1.5 million or you possess less than \$1 million in liquid assets. While most people expect Medicare to cover all of their cost-related issues, the sad truth is that Medicare only covers acute care, and leaves long-term care costs virtually uncovered.

On top of that, long-term care costs are very high and rising fast. As mentioned earlier, costs throughout the United States can range from \$3,000 to \$18,000 per month depending on the level of care, and these expenses have risen nearly three times the rate of inflation. It is crucial to factor these costs into your plan.



There are a number of resources that can be used to pay for long-term care costs, and they are largely determined by your financial resources. **You may incorporate more than one option** into your financial plan. Let's take a look at the three payment categories for long-term care.

1. Private pay (directly from your personal finances)
2. Long-Term Care Insurance (Private Pay)
3. Public Assistance

*Each approach is unique, so we will discuss them one at a time.*

